Top websites on mental disorders and resources:

**ALL MENTAL DISORDERS:**

[National Alliance on Mental Illness](http://www.nami.org/Learn-More/Mental-Health-Conditions) – education yourself and find support

[National Institute of Mental Health](http://www.nimh.nih.gov/health/topics/index.shtml)  - transforming the understanding and treatment of mental illness.

[Mental Health](http://www.mentalhealth.gov/) – information about services and resources in your area

[Parent Center](http://www.parentcenterhub.org/) – site to find parent support and resources in your area

[SAMHSA](http://www.samhsa.gov/) – substance abuse and mental health services administration

**ADHD:**

American Academy of Child & Adolescent Psychiatry- [ADHD Resource Center](http://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx)

[CHADD National Resource Center](http://www.chadd.org/About-CHADD/Mission-and-History.aspx) : A non-profit organization serving individuals with AD/HD through advocacy, research, education, and support.

[Games to help kids with ADHD](http://www.fffbi.com/info/academy.html) : Created by the US Dept of Education, it teaches useful skills and strategies.

**ANXIETY:**

[Anxiety and Depression Association of America](http://www.adaa.org/): promote prevention, treatment and cure.

[Anxiety toolkit](http://www.anxietybc.com/parent/complete_home_tool_kit.php) for children and teens

**BIPOLAR:**

American Academy of Child & Adolescent Psychiatry – [Bipolar Resource Center](http://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/Bipolar_Disorder_Resource_Center/Home.aspx)

[International Society for Bipolar Disorders](http://www.isbd.org/advocacy-and-patient-resources/patient-resources)

**SCHIZOPHRENIA:**

[Schizophrenia support and treatment centers world-wide](http://www.schizophrenia.com/coping.html)

[SARDAA](http://www.sardaa.org/) – schizophrenia and related disorders alliance

**SUBSTANCE ABUSE:**

[National Institute on Drug Abuse](http://www.drugabuse.gov/patients-families) – supports research, treatment resources and clinical trials

[Recovery Programs](http://www.recovery.org/) – search treatment providers, rehab centers and aftercare